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The Price of Freedom is Eternal Vigilance

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THOUGHT FOR THE WEEK: TRUST GANDALF ON THIS ONE By Mrs Vera West

We have all thought it, but now, one of the most loved actors of all time, Ian McKellen, has come out and said it, many of the women in the MeTooism, are just playing victims:

<https://www.rt.com/uk/413601-ian-mckellen-sex-women/>

“One of Britain’s most treasured actors has spoken out about the Hollywood sex scandal. Sir Ian McKellen told Oxford students that women who offered sex for acting work were taken advantage of, but many are playing the victim. McKellen, known for playing King Lear, Gandalf and Magneto, started out as an actor in the 1960s in the theater, when he claims offering sex for roles was rife.

“When I was starting acting in the early 1960s, the director of the theatre I was working at showed me some photographs he got from some women who were wanting jobs,” he told students at the intimate Oxford talk.

“They were actors. Some of them had – and I think these were the initials – DRR: Director’s Rights Respected. In other words, if you give me a job you can have sex with me.

“That was commonplace from people who propose that they should be a victim. I mean, madness. So people are taking advantage of that and encouraged it, and it absolutely will not do.”

This is stating the obvious, but sometimes, especially in times of madness and hysteria, the obvious needs to be stated, loudly. ***

THE COMING IRANIAN REVOLUTION By Peter West

The elites in the West, such as Hillary Clinton, are excited about the “revolution” that is presumably taking place in Iran. The image of a woman removing her hijab is viral, and taken as a symbol of a new ‘Arab Spring’. Well, we all know where that one went, with civil war, a stronger ISIS, and masses of migrants flooding Europe. And, there is no ‘democracy’ in most of the Middle East, with Libya, merely a failed state, just the way they like it. There is little information about the real situation in Iran, but it is well known that the majority of people support the government, while the Western elites hope to destroy it:

<https://www.rt.com/news/414829-ayatollah-iran-enemies-protests/>

The real aim here is civil war, and that war will quickly evolve into a world war. The globalist elites are just itching for the rivers of blood, and if it is not caused through Iran, they will aim for North Korea to get the ball rolling: <https://personalliberty.com/not-looks-like-mccain-will-get-bomb-bomb-iran/> ***

TEMPERANCE AND PROHIBITION By Mrs Vera West

One topic which I often discussed with Eric Butler was the question of temperance and the prohibition of alcohol. Eric said that the main argument given at the time, was a moral one, that alcohol eroded one’s rationality and free will. Further, the claim that American prohibition was a failure, is not true:

<https://www.counter-currents.com/2017/12/bring-back-prohibition/>

As one article which reviewed the evidence put it:

“The conventional view that National Prohibition failed rests upon an historically flimsy base. The successful campaign to enact National Prohibition was the fruit of a century-long temperance campaign, experience of which led prohibitionists to conclude that a nationwide ban on alcohol was the most promising of the many strategies tried thus far. A sharp rise in consumption during the early 20th century seemed to confirm the bankruptcy of alternative alcohol-control programs.

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The stringent prohibition imposed by the Volstead Act, however, represented a more drastic action than many Americans expected. Nevertheless, National Prohibition succeeded both in lowering consumption and in retaining political support until the onset of the Great Depression altered voters' priorities. Repeal resulted more from this contextual shift than from characteristics of the innovation itself?

EXECUTION BY COP By Charles Taylor

Unlike many Americans, I am not a great pro-gun person. I don't oppose private gun ownership. On the contrary, it is the guns in the hands of the state and criminals that worries me, and these forces are far more dangerous than armed civilians, as this case well shows:

<https://altright.com/2017/12/10/joyces-diary-part-3/>

Philip Mitchell Brailsford, 27, a former Arizona police officer, was acquitted on Thursday of a murder charge in the 2016 fatal shooting of Daniel Shaver outside his hotel room. The body cam footage of the killing is very unsettling and shows Brailsford ordering a slightly inebriated and very distressed Shaver to exit his hotel room, lay face-down in a hallway and refrain from making sudden movements – under threat of being shot if he failed to comply.

Brailsford's panicked conduct in the footage is erratic. He issues a hail of sometimes conflicting instructions, i.e. for Shaver to raise his hands and also to crawl along the ground. Throughout, Shaver sobs as he begs police not to shoot, and displays obvious confusion at some of the conflicting commands he is asked to comply with.

As Shaver reaches down to pull up his falling shorts, a panicked and aggressive Brailsford fires several shots into Shaver's prone frame, killing him almost instantly.

ALL THEY HAVE LEFT IS THEIR BLOOD PLASMA By James Reed

Hey, you know that you are really poor when all you have left to sell is your blood plasma, as many millennials now face:

<https://www.naturalnews.com/2017-12-18-lacking-any-real-job-skills-broke-millennials-are-now-donating-blood-plasma-as-a-routine-source-of-income.html>

“One former community college student spoke about how she visits an Oregon plasma donation center twice a week following a reduction in her hours at work.

At the center, people who donate plasma can earn anywhere from \$25 to \$150 per week over a maximum of eight visits per month.

The center she frequents markets itself to millennials, touting its close location to the University of Oregon on its website and mentioning that students are able to do their homework while donating. Around a third of the donors at that Eugene center are estimated to be under the age of 24.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1470475/>

Nevertheless, alcohol and drugs are now so deeply engrained in the prevailing culture, that it is difficult to see how any prohibition-style strategies could work, because the moral basis for such restraint had now been lost. Pleasure and hedonism, rather than doing the right thing for God and the purity of one's soul, now rules the waves. At least, for the foreseeable future. ***

I've always felt that modern policing attracts the worst possible recruits, and is a breeding ground for narcissists and government lapdogs. Even the worst behavior of Black cop-baiters, in protesting at the alleged 'institutional racism' of police departments, has never convinced me to fully side with the police. For those with any sense of lingering attachment to the boys in blue, Charlottesville should have been a wake-up call in terms of police co-operation with the government agenda.

Yes, some officers may be on board with our ideas, but as a corporate entity 'The Police' are a major part of the problem — they are ground zero for the enforcement of the corrupt laws that silence dissent and pave the way for our destruction. Brailsford was ultimately just another conformist cretin, consumed by narcissism, riddled with cowardice, and content to take a paycheck in exchange for being the government's willing executioner. Protect and Serve? More like 'Protect yourself and Serve the State'.

The state, an artificial construction that exists primarily to serve the interests of corporate elites, is the one who needs justification of their guns, not private citizens:

<http://www.occidentaldissent.com/2017/12/09/the-nation-the-alt-right-looks-left/>

It's a popular approach, with ABC News reporting that 94 percent of the plasma in the world comes from the U.S. It's a \$16.8 billion global industry that is still growing. Not surprisingly, four-fifths of the nation's plasma centers are found in poor neighborhoods. The plasma is used for therapies to treat various diseases.”

<http://www.zerohedge.com/news/2017-12-10/plasma-pay-broke-millennials-sell-blood-just-survive>

I recall two people I know doing this in the US in the 1960s and gave so much blood that they ended up having to have a blood transfusion themselves.

This is the legacy of the baby boomer generation – my generation – the most selfish group of people who have ever existed, and who have wasted the resources and opportunities of the Earth, taking away the future from other generations. I hope that the young will fight back against this usurpation. ***

ALUMINIUM AND VACCINES By Mrs Vera West

Natural news.com, recently had an article about aluminium in vaccines:

<https://www.naturalnews.com/2017-12-11-no-science-anyone-who-dares-mention-vaccines-contain-aluminum-is-immediately-derided-as-an-anti-vaxxer.html>

The mainstream medical profession holds that aluminium is an adjunct which boosts the vaccine's capacity to produce an immune response. But, what else might it do?

“As explained by aluminium toxicology expert Professor Chris Exley, once the vaccine is injected, the aluminium salts release aluminium cation A13+. This aluminium release causes cell death and tissue damage at the site of injection.

The toxicity of cation A13+ is often experienced as pain and swelling at the injection site, but the toxicity doesn't end there. The aluminium is embedded into the muscles and gets into the blood, where it can circulate in the body and even cross the blood-brain barrier. At the injection site, immune responsive cells congregate; their cell cytoplasm is inundated with antigen and aluminium adjuvant.

The immune responsive cells, with their cytoplasm loaded with aluminium, can be found in lymph nodes and elsewhere throughout the body — even in the brain. Enclosed in membrane-bound vesicles, the aluminium salts remain viable in the short and long term. When the vesicles undergo acidification, they will dissolve the enclosed aluminium salt.

Biologically reactive A13+ aluminium cations rupture the membrane, entering the cell cytoplasm and causing cell death. Wherever these immune responsive cells have travelled in the body, they will now release aluminium, causing unpredictable damage throughout the individual.

This is why people experience different health problems after vaccination and why some problems do not show up right away.

If you get injected with this aluminium salt, where are all these aluminium cations traveling and releasing? How are they affecting all your organs, brain included? How much more destructive is this toxic element to the small, under-developed immune systems of infants and toddlers?

Are we helping our immune systems adapt to specific pathogens or are we creating a toxic environment where the immune system must attack itself to combat the toxic infusion of aluminium salts? Is the human immune system being engineered to expend energy attacking foreign substances such as aborted fetal DNA, diseased cow and pig blood, monkey kidney cells, preservatives like mercury and formaldehyde, and aluminium salts?”

Then there is the hypothesis that aluminium in vaccines may cause, or be a contributing factor to, a number of other diseases, such as Alzheimer's and Autism Spectrum Disorder (ASD):

<https://www.activistpost.com/2017/12/aluminum-in-vaccines-may-cause-autism-according-to-experts.html>

<http://www.dailymail.co.uk/health/article-5133049/Aluminium-vaccines-cause-autism.html>

The above is mainstream press, so let us quote from them:

“Aluminium in vaccines may cause autism, controversial new research suggests.

Autistic children have up to 10 times more of the metal in their brains than what is considered safe in adults, a study found.

Aluminium crosses the membrane that separates the brain from circulating blood and accumulates in cells involved in maintaining a constant internal environment, such as temperature, the research adds. Study author Professor Chris Exley from Keele University, said: ‘Perhaps we now have the link between vaccination and autism spectrum disorder (ASD), the link being the inclusion of an aluminium adjuvant in the vaccine’.

The researchers speculate autism sufferers may have genetic changes that cause them to accumulate aluminium which healthy people are able to remove.”

Mercury is also an autism risk factor:

<https://www.sciencedirect.com/science/article/pii/S0946672X16300931>

All good reasons to have a bit of a think about vaccines.

LETTER TO THE EDITOR

David Long is pulling too long a bow in claiming that Australia today ‘is a republic’ (3/1). It is not; it is a constitutional monarchy ruled by Her Majesty the Queen, the Australian Sovereign.

While it may be true that the monarch and the governor-general have very little personal power to impose their individual will on Australians, they occupy a position analogous to that of the Brahmins in Hindu

sacred tradition, being those who advise but do not act themselves. They have, that is, a position of profound influence - and influence for good - on the ongoing life of the nation. They symbolise and embody the nation's heart.

No republican president can ever exercise such glorious and spiritual guidance.

NJ, Belgrave, Vic

HYPER-ABORTIONS By Mrs Vera West

Imagine harvesting the reproductive cells from aborted female foetuses and using them for IVF babies!!!!!!!

Well, progress towards this next big thing is underway:
www.lifesitenews.com/blogs/harvesting-eggs-from-aborted-babies-to-create-ivf-babies-ten-years-later-th

“Dr. Tal Biron-Shental, from Meir Hospital in Kfar Saba, Israel, was quoted by *The Mail*, as well as the BBC and a few other outlets, conceding that the concept of taking ovarian tissue from aborted babies ‘was controversial’. In fact, her quotes revealed much about the direction the abortion ideology has taken; one of pure, ice-cold utilitarianism.

“I’m fully aware of the controversy about this - but probably, in some place, it will be ethically acceptable,” Biron-Shental said. “There is a shortage of donated oocytes (eggs) for IVF - oocytes from aborted fetuses might provide a new source for these”.

HEALTH ROUNDUP FOR OLD FOLKS By Mrs Vera West

Here is a quick summary of some good health advice I have read, which is particularly relevant for older people. Cognitive decline can be halted, it is hypothesised, by a combination of omega 3, from oily fish or capsules, and B vitamins:

www.naturalnews.com/2017-12-10-halt-mental-decline-with-omega-3s-and-b-vitamins.html

Coffee can reduce the risk of mortality from all causes and increase longevity:

www.theatlantic.com/health/archive/2012/11/the-case-for-drinking-as-much-coffee-as-you-like/265693/

Dark chocolate and olive oil improve cardiovascular health:

www.escardio.org/The-ESC/Press-Office/Press-releases/Dark-chocolate-with-olive-oil-associated-with-improved-cardiovascular-risk-profile

If you cannot find olive oil enriched chocolate then I suppose one could wash down some sugar free 90 percent cocoa chocolate, with a spoonful of olive oil. It is not so bad. As well, olive oil is hypothesised to have anti-cancer benefits:

www.naturalnews.com/049132_olive_oil_cancer_antioxidant.html

The general picture that emerges from reading these health articles is that most of the things that help cardiovascular health, also help prevent cancer. Many herbs have an impact. For example, there is thought that cayenne pepper may help with various heart issues:

www.naturalhealth365.com/cayenne-pepper-stop-heart-attack-1145.html

Without the vast big medicine superstructure which we now have, in the future people may have to turn to folk remedies. This is what it may be like in a few more years of social decay:

<http://collapse.news/2017-12-09-collapsing-venezuelas-chronic-shortages-have-led-to-creation-of-medical-flea-markets.html>

“There are a huge amount of follicles in the fetal ovary.”

So, it is just a matter of time, because if it can be done, and there is a profit in it, it will be done. This though, raises the interesting thought experiment, that the aborted foetus gametes could be used in the creation of an IVF baby, which is then aborted, and its female gametes, used in a second generation IVF experiment, which in turn gives rise to yet another generation of abortions. There could thus be generated an infinite regress of abortions, which I will call “hyper-abortions”.

TM “Look, I am so proud of this that I have put the trade mark sign on it, although that is probably flawed IP law.

That must surely be the ultimate in politically correct feminist “science.”

God, if you are planning the Second Coming, can it be yesterday? ***

In the future, after the present crop of pests die out, the main threat will be from disease, as it was in pre-modern times:

<https://survivalblog.com/dont-prey-l-h/#more-50650>

See, I have lost my faith in humanity, following the same sex vote, and the failure to protect religious freedoms. Can you imagine what it will be like for the sub-urbans, when the lights go out, and do not come back on again? Someone wrote about that, but my memory is fading. (*Editor: the article is by Brian Simpson, “Lights Out for America ... and Australia,” 7 December 2017*)



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